

ham arena

West Main Recreation

June 24, 2019

Dave Woodbury
General Manager, West Main Recreation – The Ham Arena

Dear Coaches and Parents

We would like your help to find out your interest in a 2-day camp in October. The Ham Arena is presently working with Graeme Townshend (Boston Bruins Alumni) of Townshend Hockey (townshendhockey.com) to develop a two-day camp for Pee Wees, Bantams and High School aged athletes.

The camp will concentrate on a few things. Tactical skating skills, a little different than your average power skating clinics. A checking skills session and the most important component of Graeme's checking skills programs he calls "defensive checking" where they teach kids how to protect themselves along the boards. It's a good idea for Pee Wees to learn this before they even start body checking at the Bantam level.

We think we could do a Pee Wee and Bantam session for the 2 days and offer 2 hours of ice each day and then do a high school session where we would also offer 2 hours of ice each day.

It's our experience many times high school kids don't seem to be very interested in skills development, perhaps we could do a goal scoring camp for the high school forwards and a defenseman camp for the high school defensemen and also incorporate the defensive checking skills depending on the response?

We would need a minimum of 25 skaters per group. The cost would be \$125

Please reach out to me anytime to let me know your thoughts

Thanks for your time,

Dave Woodbury

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A little bit about Graeme... Graeme Townshend played four seasons at RPI in ECAC Hockey, serving as a team captain during 1987–88 season. He also played for the Mimico Monarchs of the Central Junior "B" Hockey League.

Townshend started his National Hockey League career with the Boston Bruins. He also played with the New York Islanders and Ottawa Senators. His NHL career lasted from 1990 to 1994.

Graeme played in the American Hockey League (AHL) for the Maine Mariners, Capital District Islanders, and Prince Edward Island Senators. Townshend also played in the International Hockey League with the Houston Aeros, Minnesota Moose, and Utah Grizzlies and in the Western Professional Hockey League for the Lake Charles Ice Pirates. His professional playing career lasted for 10 seasons. Townshend was distinguished by the International Hockey League and the Western Professional Hockey League as the Man of The Year for his leadership on and off the ice and for his contributions to his community.